

BOOKS FOR WISDOM

Suggested by Epiphany People

Nonfiction about Various Topics

The Battle for God: A History of Fundamentalism by Karen Armstrong

Christ Above All Gods by Daniel Shayesteh

The Gospel of Ramkrishna translated by Swami Nikhilananda

Handbook For the Soul by Richard Carlson and Benjamin Shield

Holy Envy by Barbara Brown Taylor

In Love with the World: A Monk's Journey Through the Bardos of Living and Dying
by Yongey Mingyur Rinpoche

The Life and Teachings of Guru Amar Das by Anju Khosla

The Method of Zen by Eugen Herrigel

The Song of God-Bhagavad Gita translated by Swami Prabhavananda and
Christopher Isherwood

The World Wisdom Bible: A New Testament for a Global Spirituality edited by Rami Shapiro

A Calendar of Wisdom by Leo Tolstoy, translator Roger Cockwell

The Emperor's Handbook by Marcus Aurelius, translated by Hicks and Hicks
(meditations of the last good Roman Emperor, a classic in philosophy)

The Enchiridion of Epictetus (a classic in philosophy; enchiridion means "manual")

Man's Search for Meaning by Victor Frankl

The Power of Positive Thinking by Norman Vincent Peale

*The Road Less Traveled: A New Psychology of Love, Traditional Values, and Spiritual
Growth* by M. Scott Peck

Between The World and Me by Ta-Nehisi Coates

Critical Race Theory: A Primer (Concepts and Insights) by Khiara Bridges

*The Conversation: How Seeking and Speaking the Truth About Racism Can Radically
Transform Individuals and Organizations* by Robert Livingston

The Cross and the Lynching Tree by James Cone

Medgar and Myrlie: Medgar Evers and the Love Story That Awakened America
by Joy-Ann Reid

The 1619 Project: A New Origin Story by Nikole Hannah-Jones

So You Want to Talk About Race by Ijeoma Olu

Tell Me How It Ends: An Essays in Forty Questions by Valeria Luiselli
(immigration system for children)

Up From Slavery by Booker T. Washington

The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson

A Day in the Life of Abed-Salama by Nathan Thrall
Antifragile: Things That Gain from Disorder by Nassim Nicholas Taleb
The Changing World Order: Why Nations Succeed and Fail by Ray Dalio
The New Russians by Hedrick Smith
Reading Dangerously: The Subversive Power of Literature in Troubled Times by Aza Nafisi
Shop Class as Soulcraft by Matthew B. Crawford (the nature of work and how it has changed for worse in the 20th century)

A Place at The Table: The Gay Individual in American Society by Bruce Bawer
Sitting Pretty: The View from My Ordinary Resilient Disabled Body by Rebekah Taussig

The Art of Talking So That People Will Listen by Paul W. Swets
Becoming Better Grownups: Rediscovering What Matters and Remembering How to Fly
By Brad Montague
Everyday Bias: Identifying and Navigating Unconscious Judgments in Our Daily Lives
by Howard J. Ross
The Five Love Languages by Gary Chapman
How to Know a Person: The Art of Seeing Others Deeply and Being Seen by David Brooks
Men Are from Mars, Women Are from Venus: The Classic Guide to Understanding the Opposite Sex by John Gray
Remember The Time...? The Power and Promise of Family Storytelling by Eileen Silva Kindig
Speaking Peace in a Climate of Conflict by Marilyn McEntyre
Speaking Truth in a Culture of Lies by Marilyn McEntyre

Braiding Sweet Grass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants by Robin Wall Kimmerer
Animal, Vegetable, Miracle: A Year of Food Life by Barbara Kingsolver

On Death and Dying by Elisabeth Kubler-Ross, MD
Proof of Heaven: A Neurosurgeon's Journey into the Afterlife by Eben Alexander, M.D.
Starry Messenger: Cosmic Perspectives on Civilization by Neild deGrasse Tyson

Dreams of Awakening: Use Lucid Dreaming to Rewire Your Brain While You Sleep
by Charlie Morley
Inner Work: Using Dreams and Active Imagination for Personal Growth by Robert Johnson

The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma
by Bessel van der Kolk, M.D.
No Bad Parts: Healing Trauma and Restoring Wholeness with the Internal Family Systems Model by Richard Schwartz, Ph.D.